

Practitioners Huron-Perth and Surrounding Area
Updated December 2025

Huron County

Name	Contact Information	Community	Age of Focus	Services
Moonstone Counselling: Sheri MacLaren (RP - EMDR)	http://moonstonecounselling.ca/about moonstonecounselling@gmail.com 519-440-2824	Clinton	Children, Adolescents, and Adults	Anxiety Behaviours Depression Parenting Concerns Trauma Recovery
Aspire Youth: Ryan McLeod (MSW)	https://www.aspireyouth.ca/ ryanmcleodplaytherapy@gmail.com 416-417-7098	Goderich & Online	Children, Adolescents, Family, and Siblings	Anxiety Attachment Trauma Behaviours Adoption Addiction Grief and Loss Depression Parent-Teen Conflict
Paul Wong (RP)	https://www.pauljwong.ca/ pjjwong.30@gmail.com 519-313-0716	Bylth & Online	Adults and Couples	Anger Management Anxiety Depression Grief and Loss Men's Issues Relationship Issues Trauma
The Clarity Group (RP, MSW)	http://www.claritypsych.ca/ admin@claritypsych.ca 519-612-3314	Goderich	Children, Adolescents and Adults	Accident/Disability Treatment Anger Management Anxiety Chronic Pain Depression Grief and Aging Identity and Gender Diversity Support

				ODSP Assessment Sleep Issues Substance Use
Dr. Roseanne Field and Associates (Psychologist)	https://drfield.ca/ karen@drfield.ca 519-524-8072	Goderich	Children, Adolescents and Adults	Assessments (cognitive, psychoeducational, personality, behaviour) Individual Therapy Psychological counseling
Patty Hills (MSW – EMDR Certified)	https://www.pattyhillsrsw.com/ PattyHillsRSW@gmail.com 519-357-8615	Gorrie	Adolescents (12+) and Adults (can provide younger than 12 if appropriate)	Anxiety Attachment Depression Trauma Parent Coaching Performance PTSD
Studio Therapy: Shiva Saleh (RP + Expressive Art Therapist)	https://www.studiotherapy.ca/#home 548-483-6371	Goderich	Adults	Anxiety Depression Stress
Wendy Dell Counseling (RP)	https://www.psychologytoday.com/ca/therapists/wendy-dell-counseling-goderich-on/1130058 226-210-9735	Goderich	Children, Adolescent, and Family	Behavioural Issues Education and Learning Disabilities School Issues
Amber Riehl (MSW)	https://www.psychologytoday.com/ca/therapists/amber-riehl-goderich-on/1066624 226-455-9482	Goderich & Online	Adolescents and Adults	Anxiety Communication Dis/ability Grief and loss Neurodiversity Self-Compassion and Acceptance
Kate Jasper Psychotherapy	https://katejasperpsychotherapy.square.site/contact katejasper.rp@gmail.com	Goderich & Online	Adults and Couples	Marital and Premarital Relationship Issues

	226-455-1498			
Julie May Boyd (MSW)	juliemayboyd.msw@gmail.com 519-955-4771 Instagram: @growingwithjulieb	Blyth & Online	Adults	Anxiety Depression Grief PTSD Relationships Trauma
Jaleena Goldsworthy	https://www.marisarosewellness.ca/ marisarosewellness@gmail.com 519-661-7355	Clinton & Online	Adults	Somatic EMDR Anxiety Trauma PTSD
Laura Plume (MSW)	https://www.psychologytoday.com/ca/therapists/laura-plume-clinton-on/1021228 226-779-0514	Clinton & Online	Adolescents and Adults	Anxiety Depression Relationship Concerns Situational Stress
HopeWell Counselling: Hannah Uyl (MSW)	https://livehopewell.ca/ livehopewell@gmail.com 226-222-9545	Blyth & Online	Children, Adults, and Families	Anxiety Depression Self-Harm Life Challenges + Transitions Suicidal Ideation Pre-natal + Post- partum Marital Issues Spousal Support for Addiction Parenting consultations
Kelly Campbell (RP)	https://kelly-campbell-counselling.business.site/#details kellycampbellcounselling@gmail.com 519-525-6492	Goderich & Online	All Ages	Anxiety Depression Domestic Violence EMDR Sexual Assault Trauma

Amanda MacDonald (RP)	http://amandamacdonaldcounselling.com/ 519-955-6073	Clinton	Unknown	EMDR and Trauma Therapist
Tom Roes MSW	https://www.refugetherapy.ca/ 519-280-4120	Exeter/Stratford	families	Adoptive and fostering parent families

Perth County

Name	Contact Information	Community	Age of Focus	Services
RGA & The Space Within: Partners in Mental Health and Wellness (RP,MSW)	https://www.thespacewithin.ca/ info@thespacewithin.ca 519-275-2187	Stratford	Various ages (dependent on practitioner)	Various concerns (dependent on practitioner) Anxiety Depression Coping with illness Eating disorders Low self-esteem Motivation Parenting Relationship issues Sleep Substance use Trauma
New Horizons	https://www.newhorizonsrehab.com/	Listowel	Various ages	Speech-language concerns Trauma associated with brain injury or spinal cord injury

Stone Silo (RP, MSW)	https://www.stonesilo.ca/ 519-208-0544	Listowel	Various ages, including couples	ADHD Addiction Anxiety Anger Management Depression Career Concerns Chronic Health Grief Fertility Substance use Stress Self-Esteem Trauma
Sherri Dowsett, Family Counselling Services (RP, RSW)	https://sherridowsett.com/ sherridowsett@icloud.com 226-605-6429	Stratford & Online	Adolescents and Adults	Anxiety Depression PTSD Relationships Separation/Divorce Work-life Balance
Reclaim & Rise Counselling (RP, MSW)	https://www.reclaimandrise.ca/ info@reclaimandrise.ca 226-366-9948	Stratford & Online	Children 6+, Preteen, Adolescent, and Adults	Anxiety PTSD Marital and Premarital Trauma
Compass Counselling and Mediation Services (RP, MSW)	https://compasscounsellingandmediation.ca/ 519-949-1129	Stratford & Online	Adults	Anxiety Coping Skills Depression
Stephanie Moffit (MSW)	https://stephaniemoffit.com/ stephanielynnmoffit@gmail.com 519-933-2407	Stratford & Online	Adolescents Adults, and Families	Anxiety Stress Self-esteem
Dan Coburn (MSW)	https://dancoburncounselling.com/ dan@dancoburncounselling.com (226) 774-3578	Stratford & Online	Couples, Families	Anxiety Anger Depression Men's Counselling Family Dynamics Grief

				Self-Esteem Shame
Karen Skinner (MSW)	https://www.psychologytoday.com/ca/therapists/karen-skinner-zurich-on/1176779	St. Mary & Online	Adolescents and Adults	Anxiety Grief

Grey County

Name	Contact Information	Community	Age of Focus	Services
Certified Professional Counselling Centre: Ruth Linnen (RP)	http://www.ruthlinnen.com/ ruthlinnen0920@gmail.com 855-935-4455	Hanover & Online	Adolescents and Adults	Family Conflict PTSD Relationship Issues Trauma
Klaasje Prins Psychotherapy (RP)	https://www.klaasjeprins.com/ klaasje@klaasjeprins.com 226-702-2925	Hanover & Online	Adults	Anxiety Life Stress Obsessive Thinking
Claire Salisbury (RP)	https://www.psychologytoday.com/ca/therapists/claire-salisbury-london-on/281497	Online	Children 6+, Preteen, Adolescents, Adults	LGBTQ+ Issues Gender Identity and Expression Support to Family

Bruce County

Name	Contact Information	Community	Age of Focus	Services
Hilltop Healing: Josee McMahon (MSW)	https://www.psychologytoday.com/ca/therapists/hilltop-healing-formosa-on/983149 226-407-6155	Formosa & Online	Children (6+), Adolescents, and Adults (Individuals, Couples, Family)	Mood Disorders PTSD Relationship Issues Trauma
Stepping Stones Family Therapy: Megan Cohoon (RP/ Marriage and Family Therapist)	http://steppingstonesft.ca/ sstones@hushmail.com 519-955-0269	Kincardine	All ages (Individuals, Couples, Family)	Anxiety Depression Loneliness Grief and Loss Chronic pain Parenting Substance use Sexual violence/abuse Relationship issues Family issues
Natalie Nowkawalk (MSW, EMDR certified)	natalie.positiveliving@gmail.com 226-930-0073	Kincardine	Adults	Abuse/Neglect Birth Trauma and Pregnancy Loss Grief and Loss Family Issues Moral Injury Spirituality Stress Survivor's Guilt

				Trauma
Penetangore Wellness (RP, MSW)	https://www.penetangorewellness.info/ penetangorewellness@gmail.com 1-833-273-6031	Kincardine	All ages	Adoption and Attachment Divorce and Separation Dementia and head injury Eating disorders Grief and loss Indigenous Substance use Learning and Development PTSD
Amy Alton Counselling (BSW + Couple and Family Therapy Certificate)	https://www.amyaltoncounselling.com/ amylynnalton@hotmail.com 519-357-7482	Kincardine	(Individual, Couple, Family)	Abuse Addictions Anger Management Anxiety Bullying Divorce Depression Grief Self-esteem Stress
Grace Counselling: Carolyn Wadell (RP – Christian Counselling)	https://www.gracecounselling.com/ info@gracecounselling.com 519-368-4277	Tiverton & Online	Adults	Christian Counselling: Coping Communication Stress Relationships Trauma and Abuse
Mental Health Mama: Jennifer Rapley (MSW)	https://mentalhealthmama.ca/ jrapley@mentalhealthmama.ca 519-386-2578	Kincardine & Online	Adults	Anxiety and Stress Depression Grief Self-Esteem Trauma EMDR

Mental Health Counselling Services (RP)	andreasnider.ca andreasnider@gmail.com 519-994-3948	Kincardine (Mondays) & Online (Tuesday – Friday)	Adults	Anxiety, Depression Grief Life transitions Prenatal Pregnancy & Post- Partum Trauma & PTSD, Sexual health
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Other Counties

Name	Contact Information	Community	Age of Focus	Services
Brenda Atkin (RP, BSW)	https://brendaatkin.com/ brendaatkin@hushmail.com 226-602-8700	Harriston (Only online at this time)	Adults	Adult ADHD Anxiety Adverse Childhood Events Grief and Loss Insomnia Problematic Shame and Guilt Substance Use
Young Solutions Counselling: Paul Young (MSW)	https://www.youngsolutions.ca/ paul@youngsolutions.ca 519-505-2550	Mount Forest & Online	Children 6+, Preteen, Adolescent, Adults (Couples, Families)	Children Parenting Stress
Heal Therapy & Consultation: Kerri Claussen (MSW)	https://www.healtherapyconsultation.com/ healtherapyandconsultation@outlook.com 519-504-5759	Palmerston & Online	Children 3+, Preteen, Adolescent	Anxiety Depression Grief and Loss Emotional Regulation Phobias, OCD Separation and Divorce

				Trauma
Dalton & Associates	http://www.daltonassociates.ca/find-a-therapist/	Various locations (Belgrave, Goderich, Listowel, Hanover, Kincardine) & Online	Various ages	Various concerns